***Session #1: Life Is Choices***

***Section 1.1:***

1. **Who do you know who is a great decision maker? What makes this person a great decision maker?**
2. **Are you good at making decision? On a scale of 1 to 10 (10 being the best) how good do you think you are at making decisions? What’s one practical thing you could do to become a better decision maker?**

***Section 1.2:***

1. **In some ways, the best way to live is the same for us all. Which of the three principles had the most impact on you (the-best-version-of-yourself, virtue or self-control)?**
2. **How would your relationships improve if you started to really live these three principles?**

***Section 1.3:***

1. **Who in your life is helping you become the-best-version-of-yourself?**
2. **What are two things you can do to become a-better-version-of-yourself this week?**

***Section 1.4:***

1. **In what ways do you feel called to rebel against today’s culture?**
2. **How is the path God is calling you along different and better than the culture’s way of doing things?**

***Section 1.5:***

1. **Do you want to live life to the fullest? Why or why not?**
2. **Are you going to choose God’s incredible vision for your life or the world’s empty vision for your life?**